

The intent of this survey is to use data-driven approaches to improve healthy aging for seniors throughout Washoe County by focusing on key topics that are most important to you. The information collected from this survey will **only** be used to highlight specific trends, challenges and needs for the senior population in our communities, so strategies can be developed and implemented to provide better outcomes and opportunities.

**YOUR ZIP CODE:** \_\_\_\_\_

**HOW DID YOU HEAR ABOUT US OR RECEIVE THIS SURVEY?** \_\_\_\_\_



## TOP ISSUES

### PLEASE CIRCLE

**How age friendly is our community?** *Please circle a number for each question below from most important to least important to you.*

MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3

**OUTDOOR SPACES & BUILDINGS:** We need more places to gather (*green spaces, safe streets, sidewalks, trails, and accessible buildings for people of all ages*).

**TRANSPORTATION:** In addition to driving, we need more public transit options that are accessible and affordable (*trains, buses, and shared-ride options*).

**HOUSING:** We need housing that is affordable and designed or modified so you can stay in your home as you get older.

**SOCIAL PARTICIPATION:** I am lonely, sad and/or isolated. We need more affordable and fun social activities.

**RESPECT & INCLUSION:** It is important to me that the community values everyone. Young and old learn from one another and honor what each has to offer.

**WORK & CIVIC ENGAGEMENT:** Older people are able to continue working, offer their time and skills, serve on advisory boards etc.

**COMMUNICATION & INFORMATION:** Information should be dispersed through a variety of means, as I do not have access to the internet or a smart phone.

**ACCESSIBLE COMMUNITY HEALTH SERVICES:** We need more accessible health services.

**AFFORDABLE COMMUNITY HEALTH SERVICES:** We need more affordable health services.



## QUALITY OF LIFE

### PLEASE CIRCLE

**What do you think is necessary to meet your needs and improve your quality of life?** *Please circle a number for each question below from most important to least important to you.*

MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3

**HEALTH CARE & WELLNESS:** We need more choices for healthcare providers and wellness activities.

**INDEPENDENT LIVING:** We need more support services to allow seniors to continue to live on their own.

**ACTIVITIES:** We need more entertainment, social and recreational opportunities.

**HEALTHY FOODS:** We need improved access to food programs for seniors.

**EMPLOYMENT & ENGAGEMENT:** We need more opportunities for seniors to work for pay, volunteer their time and skills, or actively engage with their families, friends and community.



## HOUSING

PLEASE CIRCLE

**Most seniors want to live at home as they age. If that is not possible, what types of housing arrangements would you prefer? Please circle a number for each question below from most important to least important to you.**

	MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
<b>IN HOME CAREGIVERS:</b> More affordable providers of personal in-home services.	1	2	3
<b>AFFORDABLE RENTS:</b> Housing costs need to be addressed on a fixed or declining income.	1	2	3
<b>SHARED HOUSING:</b> More opportunities to share housing costs with others.	1	2	3
<b>GROUP CARE HOUSING:</b> More group housing with assistance with tasks of daily living.	1	2	3
<b>55+ COMMUNITIES:</b> More of all-types of housing specifically built for seniors.	1	2	3



## TRANSPORTATION

PLEASE CIRCLE

**Most seniors would prefer to drive their own vehicles as they age. If that is not possible, what types of transportation options would you prefer? Please circle a number for each question below from most important to least important to you.**

	MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
<b>IMPROVED TRANSIT:</b> Expand transit routes where seniors live.	1	2	3
<b>RIDE SHARE:</b> Using FlexRIDE, buses, taxis, or smartphone apps like Uber and Lyft.	1	2	3
<b>PARATRANSIT ACCESS:</b> More paratransit routes and vehicles for disabled seniors.	1	2	3
<b>CARPPOOL:</b> Partnering with friends, family and neighbors to ride together.	1	2	3
<b>WALKING/BIKING:</b> Better connected paths, sidewalks and trails to get around town.	1	2	3



## ACCESS TO INFORMATION

PLEASE CIRCLE

**Where would you prefer to get information about services for seniors? Please circle a number for each question below from most important to least important to you.**

	MOST IMPORTANT TO YOU	SOMEWHAT IMPORTANT TO YOU	LEAST IMPORTANT TO YOU
<b>PUBLIC LIBRARY:</b> Do your own research or ask library staff to find services.	1	2	3
<b>TV/RADIO:</b> Watch and listen to news and other programs to learn about services.	1	2	3
<b>NEWSPAPER/ MAGAZINE/ BOOK:</b> Read written materials to find services.	1	2	3
<b>INTERNET:</b> Look for services online with a computer, smartphone, or tablet.	1	2	3
<b>SENIOR CENTERS:</b> Visit or call senior and community centers to obtain information.	1	2	3

Thank you for taking the time to fill out our survey! We appreciate your feedback.

## ADDITIONAL INFORMATION (OPTIONAL):

AGE: \_\_\_\_\_ DO YOU LIVE ALONE? (circle one) Yes No In a Facility

ANNUAL INCOME: (circle one) Under \$20,000 \$20,000-\$39,000 \$40,000-\$59,000 \$60,000-\$99,999 \$100,000 +

COMMENTS: